

WELCOME TO OUR
Monthly Newsletter

we're so glad you're here!

**NO SHAVE NOVEMBER:
LET'S GROW TOGETHER!**

**More Hair, More Confidence,
With TED**



This November, while the focus may be on growing out beards, why not give your scalp the same care and attention? The Alma TED is a revolutionary, non invasive treatment that uses ultrasound and air pressure technology to deliver growth factors and essential nutrients directly to your scalp - stimulating stronger, healthier, fuller - looking hair.

No needles, no discomfort, no downtime - just science backed results designed to help restore your confidence. Whether you're noticing thinning, shedding, or just want to boost overall hair health, Alma TED is a simple way to support your natural growth. Because if its No Shave November, it should also be Grow More Hair November!!

Reader Rewards

Get a FREE hair and scalp consultation if you mention this newsletter. AND \$500 off a package of 3 TED sessions!!

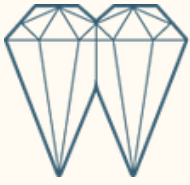


Straight Teeth are Healthy Teeth!

\$1500 OFF INVISALIGN!!!

This November, Ardsley Dental Spa & Invisalign is giving you something to smile about - **\$1,500 off Invisalign Treatment** all month long! Whether you have been thinking about straightening your teeth for years or are just starting to explore your options, now is the perfect time to achieve the confident, healthy smile you deserve. Don't miss this limited time offer, - schedule your consultation today and start your journey to a beautifully aligned smiles!!





Community Events

Thanksgiving Food Drive

This November, Ardsley Dental Spa is proud to partner with Feeding Westchester to help provide meals for local families in need. We're collecting non-perishable food donations in our office all month long – every can and box makes a difference! Join us in spreading kindness and gratitude this Thanksgiving season by dropping off your donations during your next visit. Together, we can make sure everyone in our community has something to smile about.



MOST-NEEDED FOOD DRIVE ITEMS

BEANS (CANNED OR DRY)	MILK (SHELF STABLE)
CEREALS (WHOLE GRAIN)	CANNED VEGETABLES (LOW SODIUM)
CANNED MEAT/FISH	PEANUT BUTTER
CANNED MEALS	PASTA & RICE

Please choose non-perishable goods only. You can help improve the health of your neighbors.
When choosing items for the food drive, please look for labels which read:

- Low sodium	- No salt added
- No sugar added	- Unsweetened
- No salt added	- Reduced sodium
- 100% fruit juice	- Whole grains