



WELCOME TO OUR
Monthly Newsletter

we're so glad you're here!



Confidence, Community & Care



CELEBRATING PRIDE MONTH TOGETHER



Community Spotlight

At our office, we believe healthcare is about more than treatment - it's about creating a space where every person feels seen, respected and supported. That's why we are proud to partner for the second consecutive year with **The LOFT LGBTQ+ Community Center** during Westchester Pride Month. The LOFT plays such an important role in our community by providing advocacy, education, support services and a welcoming environment for LGBTQ+ individuals and families throughout Westchester. We are honored to support an organization that helps foster connection, inclusivity, and confidence - values that are deeply important to our team and the patients we serve every day!

Reader Rewards

Be PROUD Of Your Smile!

\$150 off whitening and FREE cosmetic consultation

Proceeds will be donated to the LOFT

Why Inclusive Healthcare Matters

Healthcare should be a place where **every** person feels safe, respected, and comfortable being themselves. Inclusive healthcare goes beyond treatment - it's about creating an environment where patients feel heard, supported and genuinely cared for. When patients feel comfortable and welcomed, they are more likely to prioritize their health, ask questions, and build trust with their healthcare providers.

At Ardsley Dental Spa, we strive to create an experience where every patient feels at ease from the moment they walk through our doors. Whether it's helping someone overcome dental anxiety, restoring confidence through cosmetic dentistry, or simply taking the time to listen and personalize care, our goal is to make every patient feel respected, comfortable and confident in their smile.



**Join ADS at
Weschester
Pride June 7
12-4. Stop by
our table for
some
goodies and
fun!**

Court St, White Plains NY



The Science Behind Confidence

HOW YOUR SMILE AND SKIN AFFECT SELF-ESTEEM

Confidence is about much more than appearance - it's about feeling comfortable, healthy, and like the best version of yourself. Studies have shown that when people feel good about their smile and skin, it can positively influence self-esteem, social connection, and overall well-being. Small changes can sometimes create meaningful shifts in how we show up in everyday life.

Reader Rewards

Opus Plasma

Single session - **\$1000**

(orig. \$1400)

Package of 3 - **\$2800**

(orig. \$3800)

At Ardsley Dental Spa, we believe confidence starts with personalized care. Whether through smile rehabilitation to restore function and transform a smile, advanced skin consultations through Natrl Skin Lab, or skin rejuvenation with Opus Plasma treatments, our goal is always natural, healthy looking results that can help patients feel more confident in their own skin. If you've been curious about improving skin texture, tone, fine lines, or overall skin rejuvenation, this is the perfect time to schedule a consultation to learn what options might be right for you!!

Patient Appreciation Event Recap!

THANK YOU FOR CELEBRATING WITH US!

Our Patient Appreciation Event was such a special day and we are incredibly grateful to everyone who joined us to celebrate. Your continued trust, support, and referrals mean the world to us. We feel so fortunate to be part of your healthcare journey and are grateful that you continue to choose Ardsley Dental Spa for your smiles, wellness, and confidence! Thank you for allowing us to do what we love every day - we can't wait to continue growing and celebrating together!!



Congratulations to Apeksha - our GRANDE PRIZE winner of a \$1500 gift card to Royal Caribbean!!