



WELCOME TO OUR
Monthly Newsletter

we're so glad you're here!

Back To YOU!

RESET YOUR SMILE. REFRESH YOUR SKIN. RECLAIM YOUR CONFIDENCE.

LETTER FROM DR. CHAUDHRY

Summer has a way of pulling us away from our routines—late nights, vacations, BBQs, and a little extra indulgence. August is the perfect opportunity to hit the reset button before the busy fall season begins.

Whether it's scheduling your overdue dental cleaning, refreshing your skincare after months in the sun, or finally starting the Invisalign treatment you've been thinking about, our team is here to help you feel like the best version of yourself.

At Ardsley Dental Spa, we believe confidence starts with taking care of yourself—and we're honored to be part of that journey.



Smile Spotlight

IS IT TIME FOR A CLEANING? Summer can leave behind:

- More plaque and tartar buildup
- Increased staining from iced coffee, wine, berries, and BBQs
- Dehydration leading to dry mouth
- Skipped dental appointments

Don't wait until the holidays.

A healthy smile starts with prevention.

**Schedule your dental cleaning
by replying to this email!**



Invisalign Corner

**FALL WEDDINGS. HOLIDAY
PHOTOS. FAMILY GATHERINGS.**

If you've been thinking about straightening your teeth...

Now is the perfect time.

Starting Invisalign now means you'll already see noticeable improvements by the **holiday season.**

August 11 is NATIONAL ALIGN YOUR TEETH DAY

**Reader
Rewards**

**\$1500 OFF Invisalign
treatment this month
only!!!**

New Service Alert! Treat Early Cavities WITHOUT a Drill

We're excited to introduce **Curodont® Repair**, an innovative, minimally invasive treatment that helps regenerate enamel in the earliest stages of tooth decay. Using a self-assembling peptide technology Curodont creates a scaffold within the early lesion that encourages your body's natural minerals to rebuild weakened enamel—helping stop and even reverse early decay before a filling becomes necessary. Clinical studies have shown regression of many early enamel lesions when treated appropriately, making it an exciting option for patients with non-cavitated cavities.



The Skin Corner by Natrl Skin Lab

Summer gave you memories,
now its time to give back to your skin

Between **sunshine, heat, sweat, chlorine, saltwater,** and **air conditioning,** summer can leave your skin feeling **dehydrated, rough,** and looking a little **dull.**

While your skin has been working overtime to **protect** you from the elements,
August is the perfect time to **return the favor.**

*Think of this month as a reset. Replenish lost hydration, restore your skin barrier,
and reveal the healthy glow that's been hiding underneath the effects of summer.*

**Your skin showed up for every beach day, pool day, barbecue, and
sunny afternoon. Now it's your turn to show up for it!**

If your skin has lost its **glow**, a **Glass Skin Facial** is a great place to start. Think of it as hitting the **refresh button**: it gently sweeps away dead skin cells and peach fuzz to reveal a *smoother, brighter complexion* and helps your skincare work even better.



✨ **15% Off Your First Visit** ✨

New Client Consult and Facial

\$144

(Regularly \$170)

If summer has left your skin feeling **thirsty**, the **Essential Hydration Facial** is all about *restoring* what the season has **taken away**. Packed with nourishing hydration and barrier-supporting ingredients, it's designed to leave your skin feeling *replenished, healthy, and comfortably hydrated.*

Because the best way to say *thank you to your skin,* is by giving it exactly what it needs