WELCOME TO OUR

Monthly Newsletter

we're so glad you're here!

Grateful Hearts, Healthy Smiles

NOVEMBER IS TMJ AWARENESS MONTH!!

JAW PAIN? MEET YOUR MUSCLES' NEW BEST FRIEND: EMFACE!!!

Do you wake up with jaw soreness? Experience frequent headaches, facial tension, or find yourself clenching your teeth throughout the day? Your jaw muscles may be trying to tell you something! In honor of TMJ Awareness Month, we're excited to introduce **EMFACE**, an innovative, non-invasive treatment now available at Ardsley Dental Spa.

EMFACE uses patented HIFES™ muscle stimulation technology to activate and strengthen targeted facial muscles. With specialized applicators, EMFACE may help support jaw muscle function and reduce muscle-related tension in appropriate patients.



Why we're excited about EMFACE:

- *Non-invasive, needle-free treatment*
- *No downtime*
- *Targets muscles involved in jaw function*
- *May help improve comfort associated with muscle-related TMJ symptoms*
- *Also offers facial aesthetic benefits with dedicated treatment protocols*

Ready to give your jaw some TLC? Ask us about an EMFACE consultation and find out whether it's right for you!

Reader Rewards

ONE FREE EMFACE SESSION!!!

When you purchase a TMJ package (4)

ONE FREE EMFACE SESSION!!!

When you purchase a Cosmetic package (6)

USE IT OR LOSE IT! DON'T LET YOUR BENEFITS DISAPPEAR ON DECEMBER 31!

The holiday countdown has officially begun, and so has the countdown to use your remaining dental insurance benefits!

Many dental insurance plans reset on January 1, meaning unused annual benefits may not roll over into the new year.

If you've been putting off a cleaning, crown, filling, or other recommended treatment, now is the perfect time to get it scheduled.

Don't forget about your FSA funds, either! Depending on your plan, unused funds may expire at the end of the year.

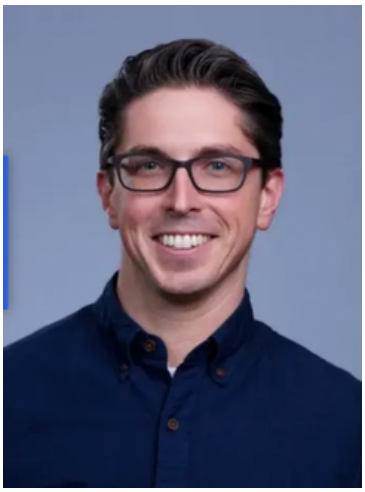
Our schedule fills quickly during the holiday season, so don't wait until December!

Call us today, and our team will be happy to help you review your benefits and schedule your care.

New Service Alert!!

MEET DR. RYAN REICHELT

OUR ROOT CANAL SPECIALIST



Ardsley Dental Spa is thrilled to welcome Dr. Ryan Reichelt, our endodontic specialist, bringing specialized root canal care right here to our office. Dr. Reichelt is a board certified endodontist dedicated to preserving natural teeth. He completed his specialty training at Oregon Health & Science University after practicing as a general dentist for 10 years.

If you've ever experienced a severe toothache or been told you need a root canal, you know how important it is to receive comfortable, expert care.

With Dr. Reichelt joining our team, patients can now receive specialized endodontic care in the familiar, welcoming environment of Ardsley Dental Spa.

Why see an endodontist?

- Specialized expertise in root canal treatment
- Diagnosis of complex tooth pain
- Retreatment of previously treated teeth
- Focus on saving natural teeth whenever possible

Because we believe that keeping your natural teeth is always something to smile about!
Have a tooth that's been bothering you? Don't ignore it. Give us a call to schedule an evaluation.

A Season of Gratitude, A Reason To Give

At Ardsley Dental Spa, we believe a healthy smile can change someone's life, and giving back is one of the most meaningful ways we can show our gratitude.

This Thanksgiving season, we're celebrating the importance of supporting our neighbors, lifting up families, and making quality dental care more accessible to those who need it.

This November, we will be collecting non-perishable food items to donate to St. Benedict's School in the Bronx. Please stop by with your donations at any time!!

And to our patients, **thank you**. Your continued trust allows us to do what we love while making a positive impact in the community we call home.

Here's to a season filled with kindness, gratitude, and smiles worth sharing.

*Reader Rewards promotions can not be combined with Diamond Tier discounts

Reader Rewards

$1000 off Invisalign
when you start treatment in November

Get Holiday Bright!
$399 In-Office Whitening